

Roasted Tomato Soup

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/persian-roasted-tomatoes-recipe>

Ingredients:

- 5 tomatoes large, cut into 3/4" slices
- 1 onion cut into 1/2" slices
- 1/2 jalapeno cut in half lengthwise, seeded
- 2 bell peppers seeded, cut into 4 pieces
- olive oil
- 1/4 teaspoon smoked paprika
- 1/2 teaspoon garlic powder
- 3/4 teaspoon salt or to taste
- ground black pepper freshly
- 2 cups vegetable broth
- 1/4 cup grated Parmesan cheese plus additional cheese for garnishing
- 3 tablespoons heavy cream or creme fraiche, optional

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 14 grams
3. Cholesterol: 25 milligrams
4. Fat: 12 grams
5. Fiber: 3 grams
6. Protein: 5 grams
7. SaturatedFat: 5 grams
8. Sodium: 1020 milligrams
9. Sugar: 8 grams

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