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Tuscany Pot Roast and Veggies

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/roast-recipe-with-italian-dressing-mix

Ingredients:

- 1 chuck roast 3.5-5 pounds
- 6 carrots cut into chunks
- 6 russet potatoes medium sized, peeled and cubed
- 12 ounces beef gravy
- 1/2 cup white vinegar
- 1 packet italian dressing mix

Nutrition:

Calories: 1030 calories
Carbohydrate: 71 grams
Cholesterol: 190 milligrams

4. Fat: 53 grams5. Fiber: 6 grams6. Protein: 65 grams7. SaturatedFat: 21 grams8. Sodium: 730 milligrams

9. Sugar: 8 grams

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