

# Chinese Roast Pork Panini

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/roast-pork-tenderloin-chinese-style-recipe>

## Ingredients:

- 16 ounces pork tenderloin trimmed and cut crosswise into 2 large pieces
- salt
- pepper
- 2 tablespoons vegetable oil
- 1 onion chopped
- 2 tablespoons hoisin sauce
- 2 tablespoons honey
- 1 tablespoon sesame oil
- 1 tablespoon soy sauce
- 4 rolls split, I used ciabatta

## Nutrition:

1. Calories: 400 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 5 grams
6. Protein: 28 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 790 milligrams
9. Sugar: 15 grams

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