

Roast Beef Burritos

Yield: 6 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/roast-beef-for-tacos-recipe-mexican>

Ingredients:

- 1 tablespoon vegetable oil
- 1 onion chopped
- 1 clove garlic minced
- 4 tomatoes chopped
- 2 cups roast beef chopped cooked
- 8 ounces taco sauce prepared
- 4 ounces chile peppers diced green
- 1/2 teaspoon cumin
- 1/8 teaspoon red pepper flakes or to taste, optional
- 6 flour tortillas 7 inch, warmed
- 1 1/2 cups shredded cheddar cheese
- 2 cups shredded lettuce

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 36 grams
3. Cholesterol: 50 milligrams
4. Fat: 18 grams
5. Fiber: 3 grams
6. Protein: 21 grams
7. SaturatedFat: 8 grams
8. Sodium: 1170 milligrams
9. Sugar: 7 grams

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