

Risi E Bisi (Italian Rice and Peas)

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/risi-e-bisi-italian-rice-and-peas-recipe>

Ingredients:

- 1 1/4 cups risotto rice
- 2 1/16 cups peas frozen
- 4 cloves garlic
- 1/2 onion
- 3/16 ounce mint
- 1 stalk celery
- 1/2 cup Parmesan cheese
- 1 3/4 tablespoons unsalted butter
- 9/16 cup wine riesling
- 3 1/8 cups vegetable broth
- 5 1/4 tablespoons goat cheese
- salt
- pepper
- olive oil for serving

Nutrition:

1. Calories: 560 calories
2. Carbohydrate: 68 grams
3. Cholesterol: 40 milligrams
4. Fat: 21 grams
5. Fiber: 7 grams
6. Protein: 19 grams
7. SaturatedFat: 11 grams
8. Sodium: 1220 milligrams
9. Sugar: 9 grams

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