

Lobster Ravioli

Yield: 4 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/valentine-s-day-appetizer-recipe>

Ingredients:

- 1 lobster approx. 1¼ lbs
- 8 ounces ricotta cheese
- 1/4 cup Asiago cheese grated
- 2 sprigs tarragon finely minced
- 1/4 teaspoon salt
- 2 1/2 cups flour plus more for dusting
- 4 eggs
- 1 teaspoon olive oil
- 1/4 teaspoon salt
- 2 tablespoons butter
- 2 tablespoons flour
- 1 shallot minced
- 4 cloves garlic grated or minced
- 1 seeds tomato, and juicy parts removed, diced
- 1 cup heavy cream
- 1/2 cup vegetable stock
- salt to taste
- grated Parmesan cheese for topping, if desired

Nutrition:

1. Calories: 880 calories
2. Carbohydrate: 74 grams
3. Cholesterol: 400 milligrams
4. Fat: 50 grams
5. Fiber: 3 grams
6. Protein: 34 grams
7. SaturatedFat: 28 grams
8. Sodium: 1040 milligrams
9. Sugar: 1 grams

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