

# Patatas con Asadura (Spanish Liver and Onions)

Yield: 2 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/rick-stein-spanish-christmas-lamb-recipe>

## Ingredients:

- 1 pimiento choricero
- 1 tomato Dried
- 1 large onion
- 2 medium potatoes
- 2 garlic cloves
- 2/3 pound lamb 's liver
- white wine
- 1 bay leaf

## Nutrition:

1. Calories: 680 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 110 milligrams
4. Fat: 35 grams
5. Fiber: 6 grams
6. Protein: 31 grams
7. SaturatedFat: 15 grams
8. Sodium: 110 milligrams
9. Sugar: 7 grams

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