

Lamb Curry

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/malaysian-lamb-curry-recipe>

Ingredients:

- 2 tablespoons oil
- 2 pounds lamb lean, cubed
- 2 onions finely chopped
- 1/2 teaspoon salt
- 1/2 teaspoon pepper
- 1 cup hot water
- 1 tablespoon chopped parsley
- 1 clove garlic minced
- 1/4 teaspoon dried thyme
- 2 tablespoons cornstarch
- 1 tablespoon curry powder
- 1/4 cup cold water
- 1/4 cup raisins
- 2 tart apples chopped

Nutrition:

1. Calories: 810 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 165 milligrams
4. Fat: 59 grams
5. Fiber: 4 grams
6. Protein: 40 grams
7. SaturatedFat: 23 grams
8. Sodium: 440 milligrams
9. Sugar: 15 grams

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