

Sour Cream Apple Cake

Yield: 4 min
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/polish-apple-cake-recipe-sour-cream>

Ingredients:

- 5 apples medium, room temperature, peeled, cored, I use a mix of both tart and sweet apples
- lemon juice A little, for spritzing the apples
- 3 free-range eggs large organic
- 1 cup light brown sugar packed organic
- 1/2 cup organic cane sugar
- 2 teaspoons bourbon vanilla extract [or use Kosher vanilla powder, to taste]
- 3 tablespoons extra light olive oil
- 1/4 cup sour cream
- 2 cups almond flour aka almond meal
- 1/4 cup rice flour
- 1/2 cup potato starch or tapioca starch
- 1 1/2 teaspoons baking powder * see notes
- 1 teaspoon baking soda
- 1 teaspoon McCormick Apple Pie Spice
- 1 teaspoon ground cinnamon or cardamom
- 1/2 teaspoon fine sea salt
- light brown sugar Organic
- 1/2 cup pecan halves

Nutrition:

1. Calories: 1120 calories
2. Carbohydrate: 151 grams
3. Cholesterol: 165 milligrams
4. Fat: 55 grams
5. Fiber: 13 grams
6. Protein: 20 grams
7. SaturatedFat: 7 grams
8. Sodium: 900 milligrams
9. Sugar: 106 grams

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