

Paleo French Bread

Yield: 8 min
Total Time: 190 min

Recipe from: <https://www.recipeschoose.com/recipes/red-star-yeast-italian-bread-recipe>

Ingredients:

- 1 1/2 cups almond flour
- 2 1/2 cups tapioca flour
- 1/2 cup coconut flour
- 1 1/2 teaspoons sea salt
- 2 packets Red Star Yeast
- 1/4 cup shortening palm
- 2 cups water
- 3 tablespoons honey

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 57 grams
3. Fat: 20 grams
4. Fiber: 3 grams
5. Protein: 5 grams
6. SaturatedFat: 6 grams
7. Sodium: 450 milligrams
8. Sugar: 8 grams
9. TransFat: 1 grams

Thank you for visiting our website. Hope you enjoy Paleo French Bread above. You can see more 15 red star yeast italian bread recipe Unlock flavor sensations! to get more great cooking ideas.