

# Easy Traditional Red Sangria

Yield: 4 min  
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/holiday-red-sangria-recipe>

## Ingredients:

- 1/2 apple cored, skin on, chopped into small pieces
- 1/2 orange rind on, sliced into small pieces, large seeds removed, plus more for garnish
- 4 tablespoons brown sugar
- 3 tablespoons organic cane sugar
- 3/4 cup orange juice plus more to taste
- 1/3 cup brandy plus more to taste
- 750 milliliters red wine dry Spanish
- ice to chill, ~1 cup

## Nutrition:

1. Calories: 310 calories
2. Carbohydrate: 32 grams
3. Sodium: 10 milligrams
4. Sugar: 26 grams

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