

Indian Spiced Roasted Chicken

Yield: 6 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/roasted-chicken-legs-recipe-indian>

Ingredients:

- 1 whole chicken 4-5 lbs
- 2 cups red potatoes diced, any small potato can be substituted
- 3 tablespoons ghee melted
- 2 tablespoons Garam Masala
- 1 tablespoon ginger paste
- 2 garlic cloves minced
- 1 tablespoon honey
- 1/4 cup plain yogurt
- 1 tablespoon salt

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 165 milligrams
4. Fat: 13 grams
5. Fiber: 2 grams
6. Protein: 52 grams
7. SaturatedFat: 3 grams
8. Sodium: 1400 milligrams
9. Sugar: 4 grams

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