

# Fish Tacos

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/red-cabbage-recipe-for-christmas-dinner>

## Ingredients:

- 2 tablespoons vegetable oil
- 1 1/2 tablespoons fresh lime juice
- 1 garlic clove minced
- 1 1/2 teaspoons chili powder
- 1/2 teaspoon ground cumin
- 1/2 teaspoon ground paprika
- 1/8 teaspoon cayenne pepper optional, or more to taste
- salt
- freshly ground black pepper
- 1 pound tilapia \*, cod, or mahi mahi
- 8 corn tortillas \*\*, warmed
- 2 cups purple cabbage shredded
- 1 avocado sliced
- 3 tablespoons cilantro leaves chopped
- 1/3 cup Cotija cheese optional
- 1/4 cup sour cream
- 3 tablespoons mayonnaise
- 1 tablespoon fresh lime juice
- 1/4 teaspoon garlic powder

## Nutrition:

1. Calories: 520 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 85 milligrams
4. Fat: 30 grams
5. Fiber: 8 grams
6. Protein: 34 grams
7. SaturatedFat: 8 grams
8. Sodium: 620 milligrams

9. Sugar: 4 grams

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