

Bacon Red Bean Salad

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/red-beans-salad-indian-recipe>

Ingredients:

- 2 cups red beans Cooked, 200g
- 2 apples diced
- 1 cup cooked bacon 200g
- 1 cup leek 100g
- 1/2 cup sour cream 125g
- 1/2 cup mayonnaise 125g
- 1/2 lemon Medium
- 1/8 cup cilantro
- salt
- pepper

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 83 grams
3. Cholesterol: 55 milligrams
4. Fat: 29 grams
5. Fiber: 17 grams
6. Protein: 34 grams
7. SaturatedFat: 9 grams
8. Sodium: 1100 milligrams
9. Sugar: 15 grams

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