

# Cheesy Taco Hashbrown Casserole

Yield: 15 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-hamburger-and-southern-hashbrown-casserole>

## Ingredients:

- 15 ounces black beans drained
- 12 ounces tomatoes with chili's drained
- 8 ounces tomato sauce
- 1 pound hamburger
- 2 tablespoons taco seasoning
- 30 ounces hashbrowns
- 2 cups cheddar cheese divided, can also use taco cheese

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 35 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 13 grams
7. SaturatedFat: 6 grams
8. Sodium: 510 milligrams
9. Sugar: 3 grams

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