

Ham and Cheese Croissant Bake

Yield: 6 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-with-croissant-swiss-cheese>

Ingredients:

- 6 croissants day-old, cut in half
- 1/4 cup heavy cream
- 1 cup whole milk
- 1 teaspoon dried thyme
- 3 large eggs
- 1 teaspoon salt
- 1/2 teaspoon freshly ground black pepper
- 8 slices ham
- 1/2 cup sharp white cheddar cheese grated
- 1/2 cup swiss cheese grated

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 195 milligrams
4. Fat: 26 grams
5. Fiber: 2 grams
6. Protein: 19 grams
7. SaturatedFat: 14 grams
8. Sodium: 1330 milligrams
9. Sugar: 7 grams

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