

# Mexican Sweet Corn Succotash

Yield: 7 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-video-mexican-sweet-corn>

## Ingredients:

- 1 poblano pepper
- 2 ears sweet corn fresh, shucked
- 2 cups frozen lima beans
- 2 teaspoons vegetable oil
- 1 cup yellow onion chopped
- 1 red bell pepper chopped
- 1 green bell pepper chopped
- 2 tablespoons garlic minced fresh
- 1 cup grape tomatoes halved
- 2 tablespoons fresh lime juice
- 3/4 teaspoon salt
- 1/4 teaspoon ground black pepper freshly
- 1/4 cup chopped cilantro

## Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 15 grams
3. Fat: 1.5 grams
4. Fiber: 4 grams
5. Protein: 4 grams
6. Sodium: 280 milligrams
7. Sugar: 3 grams

---

Thank you for visiting our website. Hope you enjoy Mexican Sweet Corn Succotash above. You can see more 15 recipe video mexican sweet corn Elevate your taste buds! to get more great cooking ideas.