

Ekmek Turkish Bread

Yield: 20 min
Total Time: 240 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-using-turkish-bread>

Ingredients:

- 1 1/2 cups bread flour divided
- 3/4 cup water divided
- 5 teaspoons active dry yeast
- 1 teaspoon white sugar
- 2 cups warm water 110 degrees F/45 degrees C
- 6 cups bread flour
- 2 teaspoons salt

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 38 grams
3. Fat: 1 grams
4. Fiber: 1 grams
5. Protein: 7 grams
6. Sodium: 240 milligrams

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