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New Mexico Red Chile Sauce

Yield: 4 min Total Time: 60 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-using-new-mexico-chili-powder

Ingredients:

- 20 pods dried red chile washed, stems and seeds removed, just shake out the seeds once you remove the stem
- 3 cloves garlic smashed
- onion ?? small, coarsely chopped
- 3 cups water or stock*
- 1 teaspoon cumin seed *, toasted and ground in a spice grinder
- 1 teaspoon dried oregano Mexican oregano if you have it
- 1 teaspoon salt

Nutrition:

Calories: 15 calories
Carbohydrate: 3 grams

3. Fiber: 1 grams

4. Sodium: 690 milligrams

5. Sugar: 1 grams

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