

# Asian Style Turkey Noodles

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-turkey-casserole-celery-chinese-noodles>

## Ingredients:

- 1 pound lean ground turkey
- 1 tablespoon olive oil
- 1 sweet onion diced
- 2 stalks celery diced
- 1 teaspoon ginger paste
- 2 cloves garlic minced
- 1/8 teaspoon crushed red pepper flakes
- 1 cup beef broth
- 2 tablespoons cornstarch
- 1/4 cup hoisin sauce
- 2 tablespoons soy sauce
- 9 ounces chinese noodles refrigerated
- 2 green onions chopped

## Nutrition:

1. Calories: 630 calories
2. Carbohydrate: 56 grams
3. Cholesterol: 90 milligrams
4. Fat: 33 grams
5. Fiber: 4 grams
6. Protein: 27 grams
7. SaturatedFat: 5 grams
8. Sodium: 1320 milligrams
9. Sugar: 9 grams

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