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## **Top Round Roast Beef**

Yield: 4 min Total Time: 85 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-to-use-a-top-round-roast-mexican

## **Ingredients:**

- 4 pounds top round roast Certified Angus Beef
- 4 teaspoons dried oregano
- 4 teaspoons dried thyme
- 2 teaspoons dried rosemary crushed
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 2 teaspoons kosher salt
- 1 teaspoon coarsely ground black pepper
- 1 teaspoon dry mustard

## **Nutrition:**

Calories: 890 calories
Carbohydrate: 4 grams

3. Cholesterol: 265 milligrams

4. Fat: 55 grams5. Fiber: 1 grams6. Protein: 96 grams7. SaturatedFat: 23 grams

8. Sodium: 1450 milligrams

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