

Ultimate Spaghetti Sauce

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-spaghetti-sauce-sweet-italian-sausage>

Ingredients:

- 35 ounces tomatoes Whole, – I use imported San Marzano Tomatoes
- 4 sweet Italian sausages Johnsonville
- 1/2 jar roasted red bell peppers – roughly chopped
- 1 onion – chopped
- 4 cloves garlic – minced
- 2 carrots – peeled & minced
- 1/4 cup red wine
- 1 tablespoon sugar
- 1 tablespoon unsalted butter
- extra-virgin olive oil
- water

Nutrition:

1. Calories: 340 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 40 milligrams
4. Fat: 17 grams
5. Fiber: 4 grams
6. Protein: 21 grams
7. SaturatedFat: 6 grams
8. Sodium: 680 milligrams
9. Sugar: 13 grams

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