

Baked Spaghetti Casserole

Yield: 8 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-southern-living-spaghetti-casserole>

Ingredients:

- 12 ounces spaghetti a package of spaghetti is about 14 oz, I didn't use the whole package but feel free to use it all
- 1 pound ground beef
- 3 cloves garlic minced
- 1 teaspoon Italian seasoning
- salt
- pepper
- 24 ounces spaghetti sauce 1 jar of your favorite kind
- 14 1/2 ounces diced tomatoes
- 2 cups mozzarella cheese
- 1/3 cup Parmesan cheese optional
- parsley for garnish, optional

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 65 milligrams
4. Fat: 19 grams
5. Fiber: 5 grams
6. Protein: 26 grams
7. SaturatedFat: 9 grams
8. Sodium: 730 milligrams
9. Sugar: 11 grams
10. TransFat: 0.5 grams

Thank you for visiting our website. Hope you enjoy Baked Spaghetti Casserole above. You can see more 15 recipe southern living spaghetti casserole You must try them! to get more great cooking ideas.