

Guacamole

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/indonesian-avocado-juice-recipe>

Ingredients:

- 5 avocados Ripe
- 2 plum tomatoes chopped
- 1 jalapeño pepper finely chopped
- 2 tablespoons red onion finely chopped
- 1 lime zest and juice
- 1 tablespoon fresh cilantro chopped
- 1/4 teaspoon kosher salt

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 25 grams
3. Fat: 38 grams
4. Fiber: 18 grams
5. Protein: 5 grams
6. SaturatedFat: 5 grams
7. Sodium: 170 milligrams
8. Sugar: 4 grams

Thank you for visiting our website. Hope you enjoy Guacamole above. You can see more 17 indonesian avocado juice recipe They're simply irresistible! to get more great cooking ideas.