

Southern Style Thanksgiving Green Beans

Yield: 8 min
Total Time: 290 min

Recipe from: <https://www.recipeschoose.com/recipes/southern-green-beans-ham-hock-recipe>

Ingredients:

- 2 quarts water
- 4 pounds fresh green beans trimmed and snapped into 1 1/2 inch pieces
- 1 ham hock
- 1 onion chopped
- 2 cloves garlic finely chopped
- 1/4 cup distilled white vinegar
- 1 tablespoon salt
- 1/2 tablespoon black pepper

Nutrition:

1. Calories: 80 calories
2. Carbohydrate: 17 grams
3. Fiber: 7 grams
4. Protein: 5 grams
5. Sodium: 910 milligrams
6. Sugar: 7 grams

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