

5-Ingredient Sweet Potato Quinoa Fritters

Yield: 8 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-south-african-sweet-potato-fritters>

Ingredients:

- 2 1/2 cups sweet potatoes shredded
- 1/3 cup Quinoa Flour
- 1/2 cup scallions chopped
- 1 large eggs lightly beaten
- salt and pepper to taste
- coconut oil for cooking

Nutrition:

1. Calories: 60 calories
2. Carbohydrate: 11 grams
3. Cholesterol: 25 milligrams
4. Fat: 1.5 grams
5. Fiber: 2 grams
6. Protein: 2 grams
7. Sodium: 130 milligrams
8. Sugar: 2 grams

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