

Crab and Swiss Quiche

Yield: 40 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-seafood-quiche-swiss-quiche>

Ingredients:

- 2 egg lightly beaten
- 1/2 cup milk
- 1/2 cup mayonnaise
- 1 teaspoon cornstarch
- 1/2 pound imitation crab meat flaked
- 1 1/2 cups shredded swiss cheese
- 1 unbaked pie crust 9 inch

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 20 milligrams
4. Fat: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 2 grams
7. Sodium: 100 milligrams

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