

Creamy Macaroni and Cheese Casserole

Yield: 8 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-russian-cheese-casserole>

Ingredients:

- 12 ounces macaroni
- 1/4 cup butter
- 1/4 cup flour
- 1 1/2 cups milk
- 1 cup light cream about 10-12% MF
- 1/2 teaspoon mustard powder
- 1 teaspoon onion powder
- salt
- pepper
- 1 can condensed cream cheddar soup, optional
- 4 cups cheddar sharp, divided
- 1/2 cup fresh Parmesan cheese

Nutrition:

1. Calories: 850 calories
2. Carbohydrate: 41 grams
3. Cholesterol: 185 milligrams
4. Fat: 65 grams
5. Fiber: 2 grams
6. Protein: 26 grams
7. SaturatedFat: 40 grams
8. Sodium: 640 milligrams
9. Sugar: 5 grams

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