

# Rompoppe (Mexican Eggnog)

Yield: 7 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-rompoppe-mexican-eggnog>

## Ingredients:

- 2/3 cup blanched almonds
- 1 1/2 cups sugar
- 6 cups milk
- 2 cinnamon sticks
- 1 lemon see notes
- 1 teaspoon pure vanilla extract
- 1/4 teaspoon baking soda
- 8 large egg yolks
- 1 cup rum aged, or aguardiente, see notes

## Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 61 grams
3. Cholesterol: 260 milligrams
4. Fat: 17 grams
5. Fiber: 2 grams
6. Protein: 16 grams
7. SaturatedFat: 5 grams
8. Sodium: 210 milligrams
9. Sugar: 57 grams

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