

# Balsamic Glazed Pork Loin Chops

Yield: 6 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-pork-loin-chops-italian-dressing>

## Ingredients:

- 6 boneless pork loin chops
- 1 teaspoon salt
- 1 teaspoon black pepper
- 2 1/2 tablespoons butter divided
- 1/2 cup diced onions
- 3/4 cup balsamic vinegar
- 1 tablespoon brown sugar
- 1/2 teaspoon dried thyme

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 8 grams
3. Cholesterol: 120 milligrams
4. Fat: 14 grams
5. Protein: 48 grams
6. SaturatedFat: 5 grams
7. Sodium: 950 milligrams
8. Sugar: 7 grams

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