

# Easy Coconut Macaroons

Yield: 14 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/jewish-macaroons-recipe>

## Ingredients:

- 1 1/3 cups coconut flaked sweetened
- 1/3 cup granulated sugar
- 2 tablespoons all purpose flour
- 2 egg whites
- 1/2 teaspoon vanilla extract

## Nutrition:

1. Calories: 50 calories
2. Carbohydrate: 7 grams
3. Fat: 2.5 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 10 milligrams
8. Sugar: 5 grams

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