

Tourment d'Amour (Agony of Love)

Yield: 4 min
Total Time: 85 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-of-love-turkish>

Ingredients:

- 2 cups flour
- 5/16 cup almond meal
- 1/2 cup icing sugar
- 8 tablespoons butter softened, diced
- 1 egg yolk
- 2 tablespoons cold water
- 1 pinch salt
- 1 coconut large
- 1/2 cup brown sugar
- 1/2 cup sugar
- 1/2 teaspoon ground cinnamon
- 1 vanilla pod
- 1 lime zest plus juice
- 1/4 teaspoon almond extract
- 1/4 teaspoon grated nutmeg
- 2 cups water
- 2 cups whole milk
- 1/2 cup sugar
- 1 vanilla pod
- 5 egg yolks
- 1/2 cup cornstarch or flour
- 2 tablespoons rum optional
- 4 whole eggs
- 1 cup flour
- 5/8 cup sugar

Nutrition:

1. Calories: 1690 calories
2. Carbohydrate: 226 grams
3. Cholesterol: 600 milligrams
4. Fat: 76 grams
5. Fiber: 14 grams
6. Protein: 29 grams
7. SaturatedFat: 51 grams
8. Sodium: 410 milligrams
9. Sugar: 126 grams

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