RecipesCh@-se

Roast Pork Lo Mein

Yield: 4 min Total Time: 50 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-of-chinese-roast-pork-with-noodles

Ingredients:

- 1 tablespoon light soy sauce
- 2 teaspoons dark soy sauce
- 1 tablespoon oyster sauce
- 1 tablespoon hot water
- 1/4 teaspoon sugar
- 1/2 teaspoon salt or to taste
- 1/8 teaspoon ground white pepper
- 1/2 teaspoon sesame oil
- 8 ounces chinese roast pork char siu julienned into strips
- 1 clove garlic minced
- 1/4 cup carrot julienned
- 1/2 cup water chestnuts sliced
- 1/2 cup bamboo shoots canned, in strips or sliced into bite-sized pieces
- 1/2 cup sliced mushrooms such as shiitake, oyster, button, or baby portobello
- 2 1/4 cups napa cabbage shredded
- 2/3 cup snow peas ends trimmed with fibrous string removed
- 1 1/2 cups mung bean sprouts optional
- 14 ounces lo mein noodles cooked, you can use fresh uncooked noodles, but they need to be boiled according to the package instructions...
- 1 1/2 tablespoons vegetable oil
- 1 tablespoon Shaoxing wine
- 2 scallions julienned

Nutrition:

Calories: 600 calories
Carbohydrate: 87 grams

3. Fat: 22 grams4. Fiber: 5 grams5. Protein: 15 grams

6. SaturatedFat: 8 grams7. Sodium: 2830 milligrams

8. Sugar: 6 grams

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