

Chili Cilantro Lime Crock Pot Chicken

Yield: 3 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-mexican-crock-pot-whole-chicken>

Ingredients:

- 1 whole chicken large free-range organic, . Mine was 6 pounds for a 6 quart slow cooker.
- pepper
- salt
- dry rub
- cayenne
- chili powder
- cumin
- 1/2 cup lime juice about 2 limes.
- 1 lime extra whole, for stuffing inside your chicken, yes that makes 3 limes total.
- 2 fresh cilantro generous handfulls of
- 3 cloves garlic
- 1 tablespoon olive oil

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 15 grams
3. Cholesterol: 330 milligrams
4. Fat: 21 grams
5. Fiber: 4 grams
6. Protein: 103 grams
7. SaturatedFat: 6 grams
8. Sodium: 680 milligrams
9. Sugar: 2 grams

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