

Mexican Pile Up

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-like-mexican-pile-up>

Ingredients:

- 2 cups cooked rice
- 2 cans chili beans
- 2 cups beef
- 1 can diced tomatoes
- lettuce

Nutrition:

1. Calories: 470 calories
2. Carbohydrate: 40 grams
3. Cholesterol: 75 milligrams
4. Fat: 19 grams
5. Fiber: 9 grams
6. Protein: 33 grams
7. SaturatedFat: 7 grams
8. Sodium: 1670 milligrams
9. Sugar: 13 grams
10. TransFat: 1 grams

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