

Pesto Stuffed Shells

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-style-spinach-ricotta-stuffed-shells>

Ingredients:

- 1/2 pound frozen spinach thawed \$0.85
- 15 ounces ricotta \$1.99
- 1 cup shredded mozzarella \$1.00
- 1/2 cup basil pesto \$0.85
- 1 large egg \$0.27
- 8 ounces jumbo pasta shells about 22-25 shells \$1.66
- 24 ounces pasta sauce \$1.19

Nutrition:

1. Calories: 660 calories
2. Carbohydrate: 72 grams
3. Cholesterol: 135 milligrams
4. Fat: 28 grams
5. Fiber: 9 grams
6. Protein: 33 grams
7. SaturatedFat: 14 grams
8. Sodium: 1030 milligrams
9. Sugar: 18 grams

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