## RecipesCh@~se

## Slow Cooker Italian Sausage Meatballs

Yield: 4 min Total Time: 180 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-italian-sausage-meatballs

## **Ingredients:**

- 1 pound italian sausage
- 1 egg
- 1/4 cup bread crumbs
- 1/4 cup asiago cheese or parmesan cheese
- 1 teaspoon Italian seasoning
- 15 ounces low sodium tomato sauce
- 1/4 cup chopped parsley
- 1/2 cup onion chopped
- 1 tomato diced
- 3 garlic cloves minced
- 1 teaspoon sugar
- teaspoon salt
- pepper

## Nutrition:

- 1. Calories: 480 calories
- 2. Carbohydrate: 12 grams
- 3. Cholesterol: 145 milligrams
- 4. Fat: 39 grams
- 5. Fiber: 2 grams
- 6. Protein: 21 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 1170 milligrams
- 9. Sugar: 3 grams

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