

# Italian Sausage and Potatoes

Yield: 6 min  
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-sausage-and-potatoes>

## Ingredients:

- 1 1/2 pounds yellow potatoes baby
- 1 small green bell pepper
- 1 orange bell pepper small
- 1/2 large red onion
- 2 pounds Italian sausage mild or hot
- 5 tablespoons olive oil
- 1 1/2 teaspoons kosher salt
- 3/4 teaspoon black pepper

## Nutrition:

1. Calories: 700 calories
2. Carbohydrate: 18 grams
3. Cholesterol: 115 milligrams
4. Fat: 58 grams
5. Fiber: 4 grams
6. Protein: 25 grams
7. SaturatedFat: 18 grams
8. Sodium: 1720 milligrams
9. Sugar: 2 grams

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