

Italian Antipasti Platter

Yield: 6 min
Total Time: 5 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-italian-appetizer-platter>

Ingredients:

- 1 pound fresh mozzarella cheese bocconcini, drained and sliced
- 5 ounces dry salami thinly sliced
- 5 ounces prosciutto thinly sliced
- 1 1/2 cups black olives marinated green and
- 7 ounces marinated artichoke hearts jar, 210 mL, drained and halved
- 7 ounces roasted red bell peppers jar, 210 mL fire-, drained and sliced
- 1 tablespoon extra-virgin olive oil
- sea salt flakes
- freshly ground black pepper

Nutrition:

1. Calories: 410 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 90 milligrams
4. Fat: 30 grams
5. Fiber: 4 grams
6. Protein: 27 grams
7. SaturatedFat: 14 grams
8. Sodium: 1990 milligrams
9. Sugar: 2 grams

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