

# Grilled Shrimp and Veggies Kabobs

Yield: 2 min  
Total Time: 90 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-indian-shrimp-zuchinni-green-pepper-tomatoes>

## Ingredients:

- 12 shrimp
- 2 tablespoons white wine
- 1/2 tablespoon olive oil
- 4 cloves garlic
- 1 zucchini sliced
- 1 squash sliced
- 1 package cherry tomatoes
- 1 red pepper cut into chunks
- 1 green pepper cut into chunks
- salt
- pepper

## Nutrition:

1. Calories: 200 calories
2. Carbohydrate: 28 grams
3. Cholesterol: 55 milligrams
4. Fat: 4.5 grams
5. Fiber: 8 grams
6. Protein: 13 grams
7. SaturatedFat: 0.5 grams
8. Sodium: 470 milligrams
9. Sugar: 13 grams

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