

The Perfect Mother's Day Brunch Casserole & Dessert

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/home-and-family-mother-s-day-breakfast-casserole-recipe>

Ingredients:

- 4 Thomas English Muffins
- 1 1/2 cups shredded sharp cheddar cheese divided
- 16 ounces pork sausage Jimmy Dean Regular Premium
- 1/2 cup yellow bell pepper each: Red, Orange, &, chopped
- 1/2 cup onion chopped
- 1/4 cup basil thinly sliced
- 12 eggs beaten
- 4 cups milk
- 1/2 teaspoon black pepper
- 1 teaspoon garlic powder
- 2 teaspoons Dijon mustard

Nutrition:

1. Calories: 920 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 785 milligrams
4. Fat: 66 grams
5. Fiber: 1 grams
6. Protein: 60 grams
7. SaturatedFat: 27 grams
8. Sodium: 1370 milligrams
9. Sugar: 18 grams

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