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## Ham and Swiss Poppy Seed Sandwich Sliders

Yield: 24 min Total Time: 35 min

Recipe from: <a href="https://www.recipeschoose.com/recipes/recipe-ham-swiss-poppy-seed-rolls">https://www.recipeschoose.com/recipes/recipe-ham-swiss-poppy-seed-rolls</a>

## **Ingredients:**

- 24 Hawaiian rolls King's
- 1/2 cup butter
- 1/2 yellow onion minced
- 1 1/2 tablespoons Dijon mustard
- 1 1/2 tablespoons poppy seeds
- 1 teaspoon worcestershire sauce
- 8 slices swiss cheese cut into fourths
- 28 slices deli ham

## **Nutrition:**

Calories: 230 calories
Carbohydrate: 22 grams
Cholesterol: 35 milligrams

4. Fat: 12 grams5. Fiber: 4 grams6. Protein: 12 grams7. SaturatedFat: 5 grams8. Sodium: 660 milligrams

9. Sugar: 3 grams

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