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Grilled Italy

Yield: 1 min Total Time: 15 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-italy

Ingredients:

- 2 slices bread good-quality
- 1/2 tablespoon basil pesto or more to taste
- 3 slices sliced ham smoked deli-
- 3 slices mozzarella cheese fresh is best

Nutrition:

- 1. Calories: 530 calories
- 2. Carbohydrate: 31 grams
- 3. Cholesterol: 115 milligrams
- 4. Fat: 28 grams
- 5. Fiber: 2 grams
- 6. Protein: 37 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 1970 milligrams
- 9. Sugar: 3 grams

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