

Chicken Enchiladas with White Sauce

Yield: 6 min
Total Time: 70 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-white-sauce-at-mexican-restaurants>

Ingredients:

- 1/4 cup butter 4 tablespoons
- 1/4 cup flour
- 2 cups chicken stock heated
- 1/4 teaspoon cayenne powder
- 8 ounces sour cream
- 1/4 teaspoon salt
- 4 ounces chopped green chilies drained
- 1 teaspoon rocket or more of, Fuel, or your favorite hot sauce
- 1 cup vegetable oil for frying
- 6 corn tortillas
- 1 pound chicken Mexican Pulled, heated
- 6 ounces pepper jack cheese shredded
- 6 ounces Monterey Jack cheese shredded

Nutrition:

1. Calories: 870 calories
2. Carbohydrate: 21 grams
3. Cholesterol: 140 milligrams
4. Fat: 72 grams
5. Fiber: 2 grams
6. Protein: 34 grams
7. SaturatedFat: 23 grams
8. Sodium: 670 milligrams
9. Sugar: 5 grams
10. TransFat: 1 grams

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