

Lokum (Turkish delights)

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-turkish-lokum>

Ingredients:

- 2 1/2 cups sugar
- 1 1/4 cups cornstarch
- 1 cup water
- 3 tablespoons lemon juice
- 3 1/2 ounces pistachios
- 3 1/2 ounces hazelnuts
- 1 tablespoon orange blossom water
- 1 tablespoon rose water
- food coloring Liquid
- 1 cup cornstarch
- 1 cup icing or confectioners' sugar

Nutrition:

1. Calories: 1060 calories
2. Carbohydrate: 203 grams
3. Fat: 26 grams
4. Fiber: 6 grams
5. Protein: 9 grams
6. SaturatedFat: 2.5 grams
7. Sodium: 10 milligrams
8. Sugar: 128 grams

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