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Japanese Miso Soup

Yield: 4 min Total Time: 20 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-traditional-japanese-miso-soup

Ingredients:

- 2 teaspoons dashi granules
- 4 cups water
- 3 tablespoons miso paste
- 8 ounces silken tofu diced
- 2 green onions sliced diagonally

Nutrition:

Calories: 70 calories
Carbohydrate: 5 grams

3. Fat: 3.5 grams4. Fiber: 1 grams5. Protein: 6 grams

6. SaturatedFat: 0.5 grams7. Sodium: 500 milligrams

8. Sugar: 1 grams

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