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Southern Fried Pork Chops

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/southern-style-pork-chops-recipe

Ingredients:

- 4 bone-in pork chops thin cut
- seasoned salt
- pepper
- 1 cup buttermilk
- 1 cup self rising flour I use White Lily
- vegetable oil

Nutrition:

- 1. Calories: 510 calories
- 2. Carbohydrate: 28 grams
- 3. Cholesterol: 85 milligrams
- 4. Fat: 33 grams
- 5. Fiber: 2 grams
- 6. Protein: 24 grams
- 7. SaturatedFat: 10 grams
- 8. Sodium: 510 milligrams
- 9. Sugar: 3 grams

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