

Swiss Chard Quiche

Yield: 8 min
Total Time: 105 min

Recipe from: <https://www.recipeschoose.com/recipes/french-swiss-chard-recipe>

Ingredients:

- 6 tablespoons all purpose flour plus more for work surface
- 1/2 dough recipe Flaky Tart
- 10 large eggs
- 2 cups creme fraiche
- 2 cups whole milk
- 2 teaspoons salt
- 1 teaspoon ground black pepper freshly
- 2 tablespoons chopped fresh thyme finely
- 2 cups Swiss chard torn, leaves
- 1/2 cup Gruyere cheese

Nutrition:

1. Calories: 390 calories
2. Carbohydrate: 19 grams
3. Cholesterol: 310 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 15 grams
7. SaturatedFat: 13 grams
8. Sodium: 890 milligrams
9. Sugar: 6 grams

Thank you for visiting our website. Hope you enjoy Swiss Chard Quiche above. You can see more 17 french swiss chard recipe Ignite your passion for cooking! to get more great cooking ideas.