

Swiss Burgers

Yield: 6 min
Total Time: 13 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-swiss-burgers>

Ingredients:

- 1 1/2 pounds ground beef
- 6 slices swiss cheese
- 8 ounces sauerkraut heated and drained
- 1/3 cup wish bone thousand island dress

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 5 grams
3. Cholesterol: 105 milligrams
4. Fat: 30 grams
5. Fiber: 1 grams
6. Protein: 29 grams
7. SaturatedFat: 13 grams
8. Sodium: 370 milligrams
9. Sugar: 3 grams
10. TransFat: 1 grams

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