

# Almond Cheese Spread

Yield: 4 min  
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-using-swiss-almond-cheese-spread>

## Ingredients:

- 200 grams cheese
- 1/2 cup cream
- 1 cup milk
- 20 almonds
- 1 teaspoon vinegar
- 1 teaspoon sugar
- 5 red chillies
- 5 garlic
- 1/4 teaspoon pepper

## Nutrition:

1. Calories: 360 calories
2. Carbohydrate: 9 grams
3. Cholesterol: 80 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 18 grams
7. SaturatedFat: 16 grams
8. Sodium: 370 milligrams
9. Sugar: 6 grams

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